Doctor Discussion Guide

The Tdap vaccine helps protect against 3 diseases—tetanus, diphtheria, and whooping cough (also known as pertussis). Print out this guide and make the most out of your next doctor's appointment by asking about whooping cough and the Tdap vaccine.

Remember these facts about whooping cough:

- Whooping cough is a highly contagious disease caused by bacteria that can become airborne when an infected person coughs or sneezes
- Whooping cough can cause a persistent hacking cough that can last up to 3 months or more
- Because whooping cough immunity can fade over time, the Centers for Disease Control and Prevention (CDC) recommends a single dose of Tdap vaccine for people ages 11 to 64 who have never received a Tdap vaccine

- ☐ When was my last Td vaccine?
- ☐ Have I received a Tdap since it was approved for adults in 2005?
- ☐ Should I get a Tdap vaccine today?
- ☐ Do I need to get up-to-date on any other recommended vaccinations?

Notes